

DOWN TO MY LAST CIGARETTE

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Music Source: CD – *Shadowland*, Track 10 Artist: K D Lang
Music: *I'm Down To My Last Cigarette* Avail. at various Internet download sites
Suggested Speed: 52 RPM or +16% from CD Length: 2:48 at 100%
Footwork: opposite unless noted (*woman's in parentheses & italics*)
Rhythm: Two Step RAL Phase: II + 1 [Strolling Vine] Degree of Difficulty: Avg
Sequence: Intro - A - B - Interlude - A - B - End Rel date: October, 2009 ver 2.0

INTRODUCTION

MEAS

1-4 WAIT 2 NOTES + 2 MEAS . . . ; ;

APART & POINT ; TOGETHER & TOUCH OP LOD ;

- 1-2 Wait 2 notes + 2 meas OP FCG WALL , , ; ;
- 3 Apt from ptr L, -, pt R toe twd ptr, - ;
- 4 Fwd R twd ptr trng to OP LOD, -, tch L toe beside R, - ;

5-8 CIRCLE CHASE ; ; ; ;

- 5 Both start LF circ twd COH fwd L, cl R, fwd L to TANDEM, - ;
- 6 Cont circ fwd R, cl L, fwd R to SIDE BY SIDE both fcg RLOD, - ;
- 7 Cont circ twd WALL fwd L, cl R, fwd L to TANDEM, - ;
- 8 Comp circ fwd R, cl L, fwd R OP LOD, - ;

PART A

1-4 2 FORWARD TWO STEPS ; ; CIRCLE AWAY 2 TWO STEPS ; ;

- 1 Fwd L, cl R, fwd L, - ;
- 2 Fwd R, cl L, fwd R, - ;
- 3 Comm LF (*W RF*) circ pattern fwd L, cl R, fwd L, - ;
- 4 Cont circ fwd R, cl L, fwd R to end with dancers about 8 feet apt and both fcg RLOD, - ;

5-8 HITCH 6 ; ; CIRCLE TOGETHER 2 TWO STEPS OP LOD ; ;

- 5 [Both fcg RLOD about 8 feet apart] fwd L, cl R, bk L, - ;
- 6 Bk R, cl L, fwd R, - ;
- 7 Comm LF (*W RF*) circ twd ptr fwd L, cl R, fwd L, - ;
- 8 Comp circ fwd R, cl L, fwd R OP LOD, - ;

9-12 LACE UP CP WALL ; ; ; ;

- 9 [W trav undr jnd ld hnds] fwd L bhd W, cl R, fwd L to LOP LOD, - ;
- 10 Fwd R, cl L, fwd R, - ;
- 11 [W trav undr jnd trl hnds] fwd L bhd W, cl R, fwd L to OP LOD, - ;
- 12 Fwd R, cl L, fwd R trng to fc ptr to CP WALL, - ;

13-16 LEFT TURNING BOX ; ; ; ;

- 13 Sd L, cl R, fwd L trng LF 1/4 CP LOD, - ;
- 14 Sd R, cl L, bk R trng LF 1/4 CP COH, - ;
- 15 Sd L, cl R, fwd L trng LF 1/4 CP RLOD, - ;
- 16 Sd R, cl L, bk R trng LF 1/4 CP WALL, - ;

PART B

1-4 STROLLING VINE BFLY WALL ; ; ; ;

- 1 Comm slight RF upper bdy trn sd L, -, with slight LF upper bdy trn XRib (*W XLiñ*), - ;
- 2 [W mvg in front of M] cont LF trn sd L, cont trn cl R, cont trn sd L to CP COH, - ;
- 3 Comm slight LF upper bdy trn sd R, -, with slight RF upper bdy trn XLib (*W XRiñ*), - ;
- 4 [W mvg in front of M] cont RF trn sd R, cont trn cl L, cont trn sd R to BFLY WALL, - ;

5-8 FACE TO FACE ; BACK TO BACK OP LOD ;

BASKETBALL TURN CP WALL ; ;

- 5 Sd L, cl R, sd L trn LF (*W RF*) 1/2 to BACK TO BACK position, - ;
- 6 Sd R, cl L, sd R trn RF (*W LF*) 1/4 to OP LOD, - ;
- 7 Fwd L ckg & trn RF (*W LF*) 1/4, -, rec R cont RF (*W LF*) trn 1/4 both fcg RLOD, - ;
- 8 Fwd L ckg & cont trn RF (*W LF*) 1/4, -, rec R cont RF (*W LF*) trn 1/2 CP WALL, - ;

9-12 HALF BOX ; SIDE TWO STEP TWICE ; ; HALF BOX BACK ;

- 9 Sd L, cl R, fwd L, - ;
- 10 Sd R, cl L, sd R, - ;
- 11 Sd L, cl R, sd L, - ;
- 12 Sd R, cl L, bk R CP WALL, - ;

13-16 RIGHT TURNING BOX ; ; ; ;

- 13 Sd L, cl R, bk L trng RF 1/4 CP RLOD, - ;
- 14 Sd R, cl L, fwd R trng RF 1/4 CP COH, - ;
- 15 Sd L, cl R, bk L trng RF 1/4 CP LOD, - ;
- 16 Sd R, cl L, fwd R trng RF 1/4 CP WALL, - ;

INTERLUDE

1-4 TRAVELING BOX OP LOD ; ; ; ;

- 1 Sd L, cl R, fwd L, - ;
- 2 Trng twd RLOD fwd R, -, fwd L, - ;
- 3 Trng to CP WALL sd R, cl L, bk R, - ;
- 4 Trng twd LOD fwd L, -, fwd R OP LOD, - ;

5-8 CIRCLE CHASE ; ; ; ;

- 5 Both start LF circ twd COH fwd L, cl R, fwd L to TANDEM, - ;
- 6 Cont circ fwd R, cl L, fwd R to SIDE BY SIDE both fcg RLOD, - ;
- 7 Cont circ twd WALL fwd L, cl R, fwd L to TANDEM, - ;
- 8 Comp circ fwd R, cl L, fwd R OP LOD, - ;

REPEAT A

REPEAT B

ENDING

1-4 TRAVELING BOX w/ POINT ; ; ; ;

- 1 Sd L, cl R, fwd L, - ;
- 2 Trng twd RLOD fwd R, -, fwd L, - ;
- 3 Trng to CP WALL sd R, cl L, bk R, - ;
- 4 Trng twd LOD in SCP fwd L, -, pt R twd LOD, - ;